



There is no use crying over spilt milk.

Sportsmanship is not only practiced in the sports arena, it can be practiced everywhere. It's not whether you win or lose that counts, it's the effort and hand work you put into the task that matters. We should also learn to accept the possibility of experiencing agony and defeat. As a saying goes, "There is no use crying over spilt milk."

Shakehands, curse, arrogance, congratulate opponents, sour graping, share your prize with others and thank God for the talent. These are only the things that we usually do wether your a winner or loser. Which of these things do you do? I believe its better to practice all the good ones even your a loser. Being a loser doesn't end up your life, in fact it would be the start of a new rolling of ball in your life. Just start a new one and use the past as your weapon and shield to face the challenges of life.



Questions:

1. In your understanding, what is sportsmanship?
2. Can you cite an example where you practiced sportsmanship.
3. Have you experienced defeat? [whether in a game, school etc.]
4. How did you face it?
5. What is the greatest achievement you've done so far when talking about sportsmanship?