

Sleepless nights

Dialogue:

Kimberly: Karen, you look pale. What happened?

Karen: Well, I have sleepless nights.

Kimberly: Why? Is there something that is bothering you? Maybe I can help you.

Karen: Actually, I'm thinking of my sick mother. She's now in the province and my brother can't bring her to the hospital?

Kimberly: Why not?

Karen: They don't have money yet.

Kimberly: Is there anything I can do to help you?

Karen: Well, I guess I need to visit my mother in the province and bring her to the doctor.

Kimberly: That's a better idea. Don't worry too much, she'll be fine.

Karen: I hope so.

Vocabularies:

Sleepless – lacking of sleep

Bothering – disturbing

Expressions:

- I have sleepless nights.
- Is there anything I can do to help you?
- I guess I need to visit my mother.

Practice:

A: Friend, you look _____.

B: I have _____ nights.

A: I'm thinking of my _____ mother.

B: Is there anything I can do for you?

A: Well, I guess I need to visit my _____ in the province and bring her to the doctor.

B: That's a better idea. Don't _____ too much, she'll be _____.

Exercise:

1. Do you also experience sleepiness night? What do you do to make you sleep?
2. What are the reasons why you have sleepiness nights?
3. What do you think will happen if you can't have sleep?