

I'm on a diet to lose weight!

Storyline: Martha is on a diet to lose weight, but her friend is trying to coax her into eating a bowl of ice-cream. Can Martha stand the temptation?

Dialogue:

Sydney: Would you like to have some ice-cream? I've got a variety of flavors for you to choose from. I've got strawberry, peach, chocolate, chocolate chip, chocolate brownie, coffee, vanilla, rocky road, butter pecan, and praline.

Martha: Wow! What choices you have! I wish I could, but I just can't. I'm on a diet to lose weight.

Sydney: Come on, it's just a bite. It doesn't really hurt to have just a bite.

Martha: I'd better not. Please don't tempt me. Please!

Sydney: Gee! You are really strong-willed.

Martha: You're darn right. I'm not so easily coaxed into doing something that I think is wrong.

Sydney: Well, I'd better not tempt you. Otherwise, if I give you a piece of cake, you might ask for a glass of milk.

Vocabularies

bite- to eat into

tempt- to be inviting or attractive to

coax - to persuade or try to persuade by pleading or flattery

Expressions:

Would you like to have some ice-cream?

- I wish I could, but I just can't. I'm on a diet to lose weight.

Come on, it's just a bite.

- Please don't tempt me.

Gee! You are really strong-willed.

- You're darn right. I'm not so easily coaxed into doing something that I think is wrong.

Practice:

Martha: Wow! What choices you have! I wish I could, but I just can't. I'm on a _____ to lose weight.

Sydney: Come on, it's just a _____. It doesn't really hurt to have just a bite.

Martha: I'd better not. Please don't _____ me. Please!

Sydney: Gee! You are really _____.

Explain: Give your answer in sentence.

1. Have also experienced to be tempted to do something that you don't like to do? So, what did you do?
2. How do you keep yourself in control when you're coaxed to try something that is bad?
3. Do you easily say YES to temptation? Why?