

## I Feel Renewed

### Dialogue:

**Justine:** Hello! It's been a long time since I saw you. You seem different.

**Nathaniel:** Yeah, as a matter of fact, I've been going to gym for almost four months now.

**Justine:** Nice! You really look good. Your body has muscles now. You look young too.

**Nathaniel:** Oh! That's too much, but anyway thanks.

**Justine:** What's your secret?

**Nathaniel:** I'm into aerobics every other day. And it really helps me a lot. I feel renewed.

**Justine:** Well, you look like a million bucks!

**Nathaniel:** Thank you. If you want you can join with me.

**Justine:** Really? Thank you.

### Vocabularies:

Gym – a place where people can do exercise

Muscles- big body

Aerobics – a kind of exercise

Renewed- to take up again; To make new

### Expressions:

-It's been a long time since I last saw you.

- As a matter of fact.

-I felt renew

- You look like a million bucks

**Practice:**

A: It's been a \_\_\_\_\_ time \_\_\_\_\_ I saw you.

B: As a \_\_\_\_\_ of fact, I've been \_\_\_\_\_ to gym.

A: Nice! Your \_\_\_\_\_ is better now. And you look \_\_\_\_\_.

B: Thank you. I felt \_\_\_\_\_.

A: Well, you look \_\_\_\_\_ a million \_\_\_\_\_.

B: Thank you.