

FIRST AID

[1] The idea of first aid is to give quick assistance before a qualified medical person has time to fix a problem. [2] Check what is available in the first aid kit at your job before any accident occurs. [3] find out who has first aid training at your job before any accident occurs; (you may need to find them quickly later!). [4] Be sure that the phone numbers of a doctor, ambulance, hospital, police and fire brigade are always easy to find near a telephone. [5] Here are some first aid hints. [6] For a deep cut, firmly apply a thick, sterile pad or clean towel. [7] Raise the limb to help stop bleeding. [8] For a broken bone, try not to move the limb, and call an ambulance. [9] Anyone who has an accident, or even witnesses an accident, may go into shock. [10] Take a person in shock to a quiet, warm place until medical help arrives.

Let's talk:

1. Why is first aid called "FIRST aid"?
2. What do you need to find out before any accident occurs?
3. How many of your classmates have some first aid training?
4. What are some phone numbers which you might need quickly?
5. Make a question from these words: what / hint / first aid.
6. Finish this sentence: For a deep cut...
7. Why should you raise a cut limb?
8. What should you NOT do when someone breaks a bone?
9. Who might go into shock at the scene of an accident?
10. How can you best help a person in shock?