



Confidence: How do you handle it?

There comes a time in your life when you'll have to make important choices and decisions that would affect your future. Having a good support system in the form of the family and friends would certainly be of great help, but the final say is still yours. Having confidence in yourself and having belief in your capabilities to accomplish certain tasks will certainly be of great help in molding your future. On the other hand, too much belief in yourself can prove to be dangerous.

Questions:

1. What is the article all about?
2. Are you confident about yourself?
3. How do you show confidence?
4. Do you think it is really important to have self confidence? Why?
5. Give a specific example where in you show your self confidence?
6. Do you agree on the last statement saying, " Too much belief in yourself can prove to be dangerous."